



# LINCOLN MARITIME CENTER, INC

HINGHAM, MASSACHUSETTS

## LMC Winter ERG Registration 2009-2010

LMC will have a final session of Erg classes starting the week of March 15th. The classes will run 6 weeks and the fee will be \$120 per session (2x/week).

Drop-ins are possible on a space available basis at \$15 per session.  
Questions? Contact [john-cotter@hotmail.com](mailto:john-cotter@hotmail.com).

Session 4: begins March 15, 2010

NAME:				
[√]	Class	Days	Time	Session
	ERG1	MW	6:30-7:30 a.m.	\$120.
	ERG2	Tu Th	8:30-9:30 a.m.	\$120.
	ERG3	Tu Th	6:00-7:00 p.m.	\$120.

Cost is \$120 per class for the session, \$15 drop-in fee

Make checks payable to LMC

Mail your check to:  
Lincoln Maritime Center  
P.O. Box 492  
Hingham, MA 02043